

Week 1: June 25–29 Start Your Engines Kids...Speed Into Summer!

Kick off a great new Summer season with your friends you know, friends you have not yet met, and friends that will last a lifetime. Enjoy the activities you wait all year to experience...kickball, dodgeball, and all variations of tag while creating arts & crafts, making music, and visiting our outdoor education center. **As an extra special feature, we will take an exciting field trip to Syracuse to visit WonderWorks...and we're off!**

Week 2: July 2, 3, 5 & 6 Ballyhoo Red, White & Blue

This week we celebrate our Independence Day! What is the meaning of each color on our American flag? What freedom do we have as Americans, as written when the USA became a country? What significance do these freedoms have on our everyday lives? We will celebrate our Independence this week with activities, crafts, and creative learning. Campers will enjoy preparing and sending care packages to our soldiers. Families are invited to become involved in providing thoughtful donations to soldiers' aid packages.

Week 3: July 9–13 Splashing and Dashing All the Way

Children throughout time have always enjoyed water and seashore play. Campers are going to love what's in store for them this week - boatloads and bucketfuls of water games and swimming! When it gets hot outside, campers will cool down by enjoying activities such as water balloon toss, water bucket brigade, swimming, and an on-site pool carnival including rope swings and barrel riding in the Y pool. Campers beware: you never know whether you will get doused this week! Check out the end of our week, as the Y offers an optional sleepover Night Owls program at the outdoor education property.

Week 4: July 16–20 Why is Camp Such a Challenge?

After 60 years of providing fun camping experiences for children, the Y has found that all campers are bright and curious and expect learning opportunities while being allowed to think outside of the box. To coincide with the expectation, this week has been dedicated to a great deal of challenges. How about a blindfold with a row of unseen objects that need to be identified by feel, smell, or flavor? How about sporting or gaming challenges like relay races, tug-of-war, and capture the flag? Some challenges will be individual, and others with your fellow campers as using teamwork.

Week 5: July 23–27 Jules Verne's Lesser Known Book...is known as "Around the World in 5 Days".

No really, that title was coined by the Y. Geography can be more fun than just learning names and places. We will take through so many interesting countries and cultures within the 7 continents. What countries have you visited? Have you ever traveled to the island country of Tahiti, mountainous country of Peru, or sun-baked Egypt? We will travel through cities we've wished to visit, and sample foods perhaps we have never tried, and play games we've never heard of. Join us this week for a world of fun. The week ends with an optional Night Owls campout at the Outdoor Education Center.

Week 6: July 30–August 3 Mysterious & Miscellaneous: Everything Random

This week is a mystery, not just a Scooby Doo mystery. The clues we can give is that we will be taking the randomness of quick thinking with the results being fun, active experiences. You never know what to expect, what's going to happen, and who's going to start a random occurrence. Dances, songs, activities, and games. Spontaneous water fights. Who started it? No one knows! To coincide with our Y values and character development, random acts of kindness will occur throughout the week, too!

Week 7: August 6–10 5 Days of H₂O Craze

Water is a primary focus of Camp Adventure, so following the cues of our kids and families in prior years, we have happily added another week of liquid fun. Campers swim every day of the week in the Y pool, offsite at an area park once per week, and activities throughout the week are centered around being cool and damp. Many of the activities will be similar to those in Week 3, including water balloon toss, water bucket brigade, and an on-site pool carnival including rope swings and barrel riding in the Y pool.

Week 8: August 13–17 STEM for Us and Them

What is STEM? Science, Technology, Engineering and Math. Is this school? No Way! Who can build the highest tower? Can you build a boat out of materials that won't sink? How many pennies can you add to the weight of the boat before it sinks? Crafts that explode, experiments that change colors, rain clouds made by YOU! There's so much FUN in STEM. Check out the end of our week, as the Y offers an optional sleepover Night Owls program at the outdoor education property.

Week 9: August 20–24 Ultimate Fitness

Keeping children physically active and eating healthy is just part of our focus in youth development. This week, we will engage in age-appropriate games and sports, some unusual, and others that are old favorites. We will be introducing group fitness classes, including the dance-oriented and aerobic Zumba, relaxed and disciplined Yoga, and core-centered Pilates. As long as we're at it, we will speak about HEPA, Healthy Eating and Physical Activity, and encourage the kids to continue the positive practice of combining healthful food and exercise in their homes with their families.

Week 10: August 27–31 Going out with a Bang

Saying goodbye to camp and some of our new friends can be filled with mixed emotions. That's why we want to go out with a Bang! and select activities to make memories, sharing with your friends the fun times that were favored throughout the summer, including swimming, outdoor education, picnic, and a roller skating party in the gym! We will fondly remember all of you, and hope that memories were made with your new friends.