

## Frequently Asked Questions:

**Where do I find more information on the swim lesson program or the aquatic facility in general?**

Please see our Membership, Program Descriptions & Policy guide for more information and class descriptions.

**What class should I sign my child up for?**

If this is your first time with us or you have taken a break from swim lessons, please consult the front desk staff for help with level selections. If the front desk is unclear please consult with the YMCA's Aquatic Coordinator prior to signing up for lessons.

**How long are private lessons?**

Each lesson is scheduled for 30 minutes. You are welcome to sign up for consecutive lessons to increase the duration of a lesson.

**Can I cancel a private swim lesson?**

You are always welcome to cancel private swim lessons. Credits will only be issued if it is requested more than 24 hours in advance and accompanied by a medical note. Saturday, Sunday, & Monday classes will need to be cancelled no later than 5pm on Friday.

**What do I do if the class I want is full?**

Your contact information can be placed on a waiting list. The Aquatics Coordinator makes a concerted effort to open up more spots in classes, given adequate instructors and pool space.

**When am I allowed to sign up for next session?**

Members may register up to two weeks before session begins.  
Non-members may register up to one week before session begins.

**When does registration end for each session?**

You may register for a class up to one week after the first class.

**Can I make up a lesson if I miss it?**

For safety reasons we need to maintain strict ratios, and therefore, we cannot offer any make up lessons for lessons missed.

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FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Spring Swim Lessons

## Session 8:

### May 21– June 24, 2018



### Registration Dates:

**Member: May 7, 2018**

**Non-Member: May 14, 2018**

#### Group Lessons

Family/Adult Members- \$25/\*\$20  
Youth Members- \$31/\*\$24.80  
Non Members- \$61/\*\$48.80

#### Private Lessons

Members- \$27  
Non Members- \$55

#### Gym & Swim

Family/Adult Member- \$25  
Youth Members- \$31  
Non-Members- \$61

#### Barracuda Juniors\*

Family Member: \$108.30  
Youth Member: \$127.30  
Non-Member: \$226.10

#### Barracuda Seniors\*

Family Member: \$174.00  
Youth Member: \$212.70  
Non-Member: \$362.50

#### Masters Swim Team

Adult/Family Member: \*\$71.10  
Non-Member: \*\$105.00

**The facility will be closed on  
Monday, May 28, 2018 in observance of Memorial Day.**

**\*Reflect prorated amount for Monday lessons.**

## Group Lessons

### Infant/Toddler with Parent Ages 6–36 mo. 30 Minutes

	Mon	Wed	Sat	Sun
SKIP		10:00a	9:30a	3:30p
SKIP+		10:45a	10:30a	4:00p
SKIP Combo	10:00a			

### Ages 3–5 years without Parent 30 Minutes

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Pike	10:30a	3:30p 4:30p		11:00a 11:30a	3:30p	9:00a 10:00a 11:00a 11:30a	3:00p 5:00p 5:30p
Eel	3:30p		3:30p	3:30p	4:30p	9:00a 11:30a	3:30p 5:30p
Ray			3:30p			9:30a	4:30p
Starfish		3:30p				11:30a	3:00p

### Ages 6–12 years without Parent 45 Minutes

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Polliwog	3:30p 4:15p	3:30p	3:30p		4:15p	10:00a 11:00a	3:00p 5:00p
Guppy	4:15p	4:15p		3:30p	3:30p	9:00a 10:00a	3:30p 4:30p
Minnow	3:30p	4:15p		3:30p	4:15p	10:30a	4:00p
Fish					3:30p	9:00a	3:00p
Flying Fish	4:15p						4:00p
Shark							5:00p

### Adults Ages 13 and up 45 Minutes

	Sunday
Beginner	6:00p
Intermediate	6:00p

### Gym & Swim 3–5 years 60 Minutes

Tuesday	10:30a
Friday	10:30a

## Private Lessons

### Any Age 30 Minutes

Mon	Tue	Wed	Thu	Fri	Sat	Sun
5:00p	5:00p	5:00p	5:00p	5:00p	12:00p	10:00a
5:30p	5:30p	5:30p	5:30p	5:30p	12:30p	10:30a
6:00p	6:00p	6:00p	6:00p	6:00p	1:00p	11:00a
					1:30p	11:30a

## Swim Teams

### Youth Swim Teams (10 week session)

Class Dates– April 16-June 23

#### Barracuda Junior

Monday & Friday	6:30-7:30p
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#### Barracuda Senior

Monday & Wednesday	6:30-7:30p
Saturday	8:00-9:00a

### Masters Swim Team Conditioning (7 week session)

Class Dates – May 7-June 20

#### Monday

Swim	7:30-8:40p
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#### Wednesday

Swim	7:30-8:40p
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## Supportive Swim

### Thursdays 5:30p-6:15p

These lessons are designed for children 5-9 years old with a developmental disability. The child to adult ratio is 1:1. The lessons are held at the Ithaca YMCA small pool and are taught by Ithaca Youth Bureau and YMCA staff. The goal of this class is to help the kids learn basic swim skills and how to be safe in the pool, and also to develop the skills to successfully participate in other Y swim lessons.