

Class requirements

The skills listed are what the participants will need to know before enrolling in that level. Participants will be learning more advanced skills within the level in order to meet the next class requirements.

We do not offer make up classes due to maintaining class ratios.

6-36 months

With Parent

Skip (ages 6-18 months) No skills necessary for enrollment. This class acclimates children to the water and guides parents in working with their child safely in the pool.

Skip Plus (ages 18-36 months) This class teaches some independent swimming and water safety skills in addition to the skills learned in SKIP.

3-5 years old

Without Parent

Pike: Acclimates children to the water and helps them gain confidence in the small pool.

No experience necessary. **Progress to Polliwog when turning 6.**

Eel: Child is comfortable submerging their head, swimming with just a noodle as assistance and can swim 5 feet without any floatation or assistance in the large pool.

Progress to Polliwog when turning 6.

Ray: Child can swim 15 feet front and back, float for 20 seconds and can jump in the large pool then return to the edge. **Progress to Polliwog when turning 6.**

Starfish: Child can swim front and back 1/2 the length of the pool, change from front crawl to back float and swim underwater to touch the bottom of the shallow end of the large pool.

Progress to Guppy when turning 6.

Dolphin: Child can swim front and back crawl 25 yards each.

Progress to Minnow when turning 6.

6-12 years old

Without Parent

Polliwog: Acclimates children with the water. Class takes place in the large pool.

Guppy: Child swims on front and back 1/2 the length of the pool, swims underwater, and jumps in; all with no assistance.

Minnow: Child swims front and back crawl the length of the pool, floats for 30 seconds.

Fish: Child uses proper form to swim back & front crawl, with rotary breathing and rudimentary breaststroke. **Swim Team Eligible**

Flying Fish: Child swims 50 yards using front & back crawl and breaststroke and can swim 50 yards using butterfly. **Swim Team Eligible**

Shark: Child swims 100 yards using front & back crawl and breaststroke and can swim 50 yards using butterfly. **Swim Team Eligible**

13+ years old

Beginner: Participants will learn the basics of floating and rudimentary stroke development.

Intermediate: Participants are looking to improve on front & back crawl and breaststroke. Must be able to swim 25 yards without stopping.

Endurance: Participants who are seeking to improve their endurance, learn advanced strokes & turns, and improve efficiency. Must be able to swim 50 yards consistently.

Private & Semi Private Lessons

Private: Lessons that allow you to work with one of our instructors one on one in a more individualized setting.

Semi-Private: You must provide both students. Lessons that have a two children and one instructor ratio.

****These lessons are non-refundable and may only be credited when accompanied by medical documentation. Classes are for the instructor and student(s) only. You must sign up at least 24 hours in advance****



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Summer Swim Lessons

June 26-August 25, 2017



We are closed Tuesday, July 4th in observance of Independence Day*

Member Registration: June 12
Non-Member Registration: June 19

Group Lesson Rates

Weekly Classes (M-F)

Family/Adult Members	\$19.20*/24.00
Youth Members	\$23.20*/29.00
Non Members	\$45.60*/55.00

Weekend Classes (Sat or Sun)

Family Members	\$33.60
Youth Members	\$40.60
Non Members	\$79.80

Private Lesson Rates

Members	\$25.00/30 min
Non Members	\$50.00/30 min

Semi-Private Lessons

2 People per time slot

Members	\$18.00 pp/30 min
Non Members	\$45.00 pp/30 min

pp= per participant

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Sessions

	<u>Monday-Friday</u>	1-Week Lessons	
Week 1	June 26-June 30	Week 4	July 17-July 21
Week 2*	July 3-July 7	Week 5	July 24-July 28
Week 3	July 10-July 14	<u>Week 6</u>	<u>July 31-Aug. 4</u>
	<u>Saturday Classes</u>		<u>Sunday Classes</u>
	7 classes this session		7 classes this session
	July 1-August 12		July 2-August 13
			KEY + Weeks 1-5 ++ <u>Weeks 6-9</u>

Group Lessons

Ages 6-36 months 30 Minute Lessons		
	Saturday	Sunday
SKIP	9:30a	
SKIP/SKIP Plus		3:30p
SKIP Plus	10:30a	

Youth Ages 3-5 Years 30 minute Lessons			
	Weekly	Saturday	Sunday
Pike	3:00p	9:00a	3:00p
	3:30p	10:00a	4:00p
	4:00p	11:00a	4:30p
	4:30p	11:30a	
Eel	3:00p	9:30a	3:00p
	3:45p	10:30a	
	4:30p		
Ray	3:45p +	10:00a	3:00p
Starfish	3:45p ++		3:45p

Youth Ages 6-12 Years 45 Minute Lessons			
	Weekly	Saturday	Sunday
Polliwog	3:00p	9:00a	3:00p
	3:45p	11:15a	4:15p
Guppy	3:00p	9:00a	4:15p
	4:15p	10:30a	
Minnow	3:30p	9:45a	3:30p
	4:15p	11:15a	
Fish	3:00p	9:45a	3:30p
Flying Fish	4:15p+		4:15p
Shark	4:15p++	10:30a	5:00p

Adults Ages 13 and up 45 Minute Lessons	
	Sunday
Beginner	5:00p
Intermediate	5:00p

30 minutes each							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Private	5:00 pm	5:00 pm	5:00 pm	5:00 pm	5:00 pm	12:00 pm	10:00 am
	5:30 pm	5:30 pm	5:30 pm	5:30 pm	5:30 pm	12:30 pm	10:30 am
	6:00 pm	6:00 pm	6:00 pm	6:00 pm	6:00 pm	1:00 pm 1:30 pm	11:00 am 11:30 am
Semi-Private		5:00 pm				12:00 pm	
		5:30 pm				12:30 pm	
		6:00 pm				1:00 pm	

Semi-Private and Private Lessons



****What do I do if the class I want is full?***

Your name and **phone number** can be placed on a waiting list. The Aquatics Coordinator makes a concerted effort to open up more spots in classes, given adequate instructors and pool space.

****When am I allowed to sign up for next session?***

Members may register up to two weeks before session begins.
Non-members may register up to one week before session begins.